



RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

LEARNING JOURNEY, YEARS 7-11

Go to Sixth Form



Go to College



Start an Apprenticeship



YEAR 11

Year 11 Topics

- Trade Unions
- UK Tax System Explained
- Banking, Building Societies and Money
- Benefit System
- Understanding Insurance
- Debt

Year 10 Topics

- Self-efficacy, Self-esteem and Future Opportunities
- Independence / Responsible Health Choices
- Application Process. Career Progression, Employment
- Healthy Relationships, Expectations, Pornography
- Different Types of Families, Marriage, Pregnancies

YEAR 10

Year 9 Topics

- Confidence
- Physical and Mental Health Support
- Substance Misuse, Addictions and Gangs (OCGs)
- Relationship, Rights and Myths
- Intimate Relationships and Contraception
- Careers and What Influences Us
- Employment, Money and Me
- Employment and Money

YEAR 9

Year 8 Topics

- Confidence
- Emotional Wellbeing
- Health Responsibilities
- Identity and Discrimination
- Communication and Consent
- Employment and Money
- The Online World

YEAR 8

Year 7 Topics

- What is PSHE and Why is it useful?
- Confidence / Managing Wellbeing
- Puberty / Menstruation What do Positive Relationships Look Like?
- Respect and Diversity / Bullying
- Health - Medicine, Drugs, Alcohol and Tobacco
- Taking Risks
- Trust, consent and confidence
- Family, Friends, Intimacy and Love
- Grooming, Harassment, Abuse, FGM
- Study Skills / Revision Techniques / Personal Goals
- Digital Opportunities - Social Networking, Fake News and Boundaries
- Community Responsibility
- First Aid

YEAR 7

SKILLS DEVELOPED

- | | |
|-------------------------|-------------------------------|
| TEAMWORK & LEADERSHIP | DECISION MAKING |
| CREATIVITY & INNOVATION | RESILIENCE & STAYING POSITIVE |
| PROBLEM SOLVING | WRITTEN COMMUNICATION |
| PUBLIC SPEAKING | PLANNING & ORGANISATION |

DELIVERED THROUGH

- Timetabled PSHE Lessons
- PSHE/Wellbeing Days
- Assemblies / Guest Speakers
- Jewish Studies Curriculum
- Educational Visits

SPIRAL THEMATIC APPROACH

- 1) Health and Wellbeing
- 2) Relationships
- 3) Living in the Wider World